



## The Holy See

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***VISIT OF HIS HOLINESS POPE FRANCIS  
TO THE PARISH OF "SAN GELASIO I PAPA" IN PONTE MAMMOLO, ROME***

*Sunday, 25 February 2018*

**[[Multimedia](#)]**

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Jesus shows the Apostles how he is in Heaven: glorious, luminous, triumphant, victorious. He does this in order to prepare them to withstand the Passion, the scandal of the Cross, because they could not understand that Jesus was to die as a criminal; they could not understand it. They thought that Jesus was a liberator, but as earthly liberators are, those who win in battle, those who are always triumphant. But Jesus' path is a different one: Jesus triumphs through humiliation, the humiliation of the Cross. But seeing that this would be a scandal for them, Jesus shows them what happens afterwards, what happens after the Cross, what awaits us, all of us: this glory and this Heaven. And this is really beautiful! It is really beautiful because Jesus — and listen carefully to this — *always prepares us for trial*; in one way or another, but this is the message: he always prepares us. He gives us the strength to go forward in times of trial and to overcome them with his strength. Jesus never forsakes us in the trials of life: he always prepares us, helps us, as he prepared [his disciples], with the vision of his glory. This way they will then remember this [moment] in order to bear the burden of humiliation. This is the first thing the Church teaches us: Jesus always prepares us for trials and in the trials he is with us; he never forsakes us. Never.

We can glean the second thing from the Word of God: "This is my beloved Son; listen to him" (Mk 9:7). This is the message the Father gives to the Apostles. Jesus' message is preparing them by showing them his glory; the Father's message is: "Listen to him". There is no moment in life that cannot be fully lived by listening to Jesus. In beautiful moments, let us stop and listen to Jesus; in difficult moments, let us stop and listen to Jesus. This is the way. He will tell us what we have to do. Always.

And let us go forward this Lent with these two things: in trials, to remember the glory of Jesus, namely, what awaits us; that Jesus is always present with that glory to give us strength. And throughout life, to listen to Jesus, to what Jesus tells us: in the Gospel, in the liturgy, he always speaks to us; or in our heart.

In daily life perhaps we may have problems, or we may have many things to resolve. Let us ask ourselves this question: what is Jesus telling me today? And let us try to listen to Jesus' voice, the inspiration from within. And in this way we follow the Father's advice: "This is my beloved Son; listen to him". Our Lady will give you the second piece of advice, at Cana in Galilee, when there is the miracle of the [transformation] of water into wine. What does our Lady say? "Do whatever he tells you". Listen to Jesus and do what he says: this is the sure path. Go forth with the memory of the glory of Jesus, with this advice: Listen to Jesus and do what he tells us to do.