

HOLY SEE PRESS OFFICE
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Video Message of the Holy Father with the prayer intention for the month of April, disseminated via the Pope's Worldwide Prayer Network

The following is the text of the Pope's video with the prayer intention for the month of March, disseminated via the Pope's Worldwide Prayer Network, on the theme: "*Let us pray for a more widespread culture of non-violence, that will progress when countries and citizens alike resort less and less to the use of arms*":

Video Message of the Holy Father

Living, speaking, and acting without violence is not surrendering, losing or giving up anything, but aspiring to everything.

As Saint John XXIII said 60 years ago in his Encyclical *Pacem in Terris*, war is madness. It's beyond reason.

Any war, any armed confrontation, always ends in defeat for all.

Let us develop a culture of peace.

Let us remember that, even in cases of self-defense, peace is the ultimate goal, and that a lasting peace can exist only without weapons.

Let us make non-violence a guide for our actions, both in daily life and in international relations.

And let us pray for a more widespread culture of non-violence, that will progress when countries and citizens alike resort less and less to the use of arms.